

# our FOOD

## VEGGIE GRILL + YOU

At our place, vegetables are the rockstars. Shining brightly at the centerof every plate we make for you.

# WE SEE EVERY SEASON

as an opportunity to celebrate the vegetable, the fruit, the grain, and the nut.

## WE SEE YOU

with eyes wide open. As one of us. Not as a diet, but as a person. As someone seeking out the vegetable. We think of you as veggie positive.

# easy CATERING

# GETTING STARTED

- Contact our General Manager at least 24 hours prior to your event
- Be ready to share your event date, time, location, party size and budget
- · We'll assist you in planning the perfect menu

## WE'RE HERE TO HELP

- We provide plates, cups, napkins and serving utensils for your event
- · We offer easy payment options
- Delivery available!

# Wing Trays

Our Chill Out Wings are great finger food! Serving is 3-5 wings per person. All wings served with Chipotle Ranch, Roasted Red Pepper, and Spicy Buffalo dipping sauces.

20 wings | 27.95



# Salads

Great addition to our Trays and Wrap Packs.

### SAVORY KALE CAESAR 5.25 / serving

Marinated kale, romaine hearts, chopped Tempeh Bacon, chunky avocado, cucumber, croutons, veggie parmesan. Add Grilled Chickin' 1.75/ serving

#### QUINOA POWER SALAD 5.50 / serving (F)

Quinoa + Kale Side Salad with diced red onion, bell pepper, avocado, fresh fennel, cannellini beans, carrots, almonds, currants, mint, citrus dressing, hemp seeds. Served on a bed of marinated kale and romaine

### ALL HAJL KALE 5.25 / serving GE

Marinated kale, quinoa, red cabbage, corn salsa, agave-roasted walnuts, ginger-papaya vinaigrette. Add Blackened Tempeh Gorn Blackened Chickin' 1.75/ serving

#### BANH MI SALAD 5.25 / serving (F)

Organic pressed and glazed tofu, chargrilled eggplant, house-pickled carrots, white cabbage, fresh jalapeños, basil, cilantro, mint, marinated kale



# Hot Sandwich Trays

Served on wheat bun, cut in half. Serving is a half sandwich per person.

10 serving tray (one choice) | 3.95 / serving 12-20 serving tray (two choices) | 3.95 / serving 22-30 serving tray (three choices) | 3.95 / serving

### Choices:

#### SANTA FE CRISPY CHICKIN'

Fried Chickin', lettuce, tomato, red onion, avocado, spicy mayo

#### GRILLIN' CHICKIN'

Grilled Chickin', avocado, lettuce, tomato, red onion, cilantro pesto, chipotle ranch

### BAYOU CHICKIN'

Blackened Chickin', lettuce, tomato, red onion, avocado, spicy mayo

### "CRAB" CAKE

Crispy "crab" cake, spiced tartar sauce, pickles, tomato, lettuce, red onion

### BALI BLISS

Organic Tempeh, lettuce, tomato, red onion, chipotle ranch

### BUFFALO BOMBER

Crispy Chickin' tossed with spicy buffalo sauce, tomato, red onion, lettuce, creamy ranch dressing

# Wrap Packs

Wrapped in wheat tortilla, cut in half. Serving is a half wrap per person.

10 serving tray (one choice) | 3.95 / serving 12-20 serving tray (two choices) | 3.95 / serving 22-30 serving tray (three choices) | 3.95 / serving

### Choices:

### CHICKIN' CAESAR

Blackened Chickin', Chao cheese, romaine, creamy Caesar dressing

#### SANTA FE CRISPY CHICKIN'

Fried Chickin', lettuce, red onion, avocado, spicy mayo

### BAYOU CHICKIN'

Blackened Chickin', lettuce, red onion, avocado, spicy mayo

### GRILLIN' CHICKIN'

Grilled Chickin', avocado, lettuce, red onion, cilantro pesto, chipotle ranch

#### THAI WRAP

Glazed tofu, cabbage, mint, basil, cucumber, romaine, arugula



# Hot Sides

Try our best-selling sides: by the quart (serves 3-5) | tray (serves 10-12)

### HERB-ROASTED VEGGIES @

12.50 qt | 29.00 tray Seasonal selection of herb-roasted vegetables and red onions

### CAULI-MASHED POTATOES + GRAVY

10.95 gt | 26.00 tray Fresh cauliflower blended with masked potatoes. Served with porcini mushroom gravy and fresh rosemary

MAC-N-CHEESE

12.50 at | 29.00 tray Gluten-free rice pasta, VG-Cheese sauce, bread crumbs

### STEAMIN' KALE GF

10.95 gt | 26.00 tray Served with ginger-miso dressing and toasted sesame seeds

### BLACK BEANS+QUINOA @

12.50 qt | 29.00 tray Seasoned black beans, steamed quinoa, roasted red pepper sauce

# Drinks 3 qt | 9.95

Add these refreshing beverages to your order (8-10 servings per container). All our beverages are free of high-fructose corn syrup.

### UNSWEETENED BLACK TEA

GINGER HIBISCUS (CAFFEINE-FREE)

POMEGRANATE GREEN TEA

FRESH LEMONADE

STRAWBERRY LEMONADE

# Desserts

Our delicious desserts are made in-house without dairy, eggs, trans fats, refined sugars or cholesterol.

CARROT CAKE 3.95 slice By the tray (20 party slices) 21.95 Fresh carrots, walnuts, VG cream cheese frosting

### CHOCOLATE CHIP COOKJES 1.95 ea.

By the tray (20) 25.95 Flour, cane juice, walnuts, dark chocolate chips



# GF = Gluten-Friendly

No ingredients with gluten are used. We also offer soy- and nut-free options. However, all of our food may be made on equipment or prepared in areas containing gluten, soy, and nuts. Please consider this if you have an extreme allergy.

For locations: veggiegrill.com/visitus

For delivery: veggiegrill.com/delivery